

# MONTHLY Coaching FOCUS



Name:	Date:	Coach:
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## What I will HAVE in the next month? – Goals & Actions for the next Month:

Business	Personal
1.	1.
2.	2.
3.	3.
4.	4.

## What do I need to DO this month to take me towards my goals?

What	Who	By When	Completed
1.			
2.			
3.			
4.			
5.			

My brightest achievement in the month just past...

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My main challenge during the month gone...

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My Learnings in the past month.....reading, listening, watching or living life...

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At the moment, my greatest focus when working on my business is ...

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Daily  
Motivation  
Level  
  
%

I spent  
.....  
hours on  
my  
business

Business is

.....

### I have concentrated on...

- Lead Generation
- Conversion Rates
- Number of Transactions
- Average £ Sale
- Margins

### I have also worked on...

- Testing and Measuring
- Documenting more Systems
- Training my Team
- Implemented new Marketing
- Refining Delivery & Distribution

As my coach you can help me out in this next session by...